

PART III

HEALTH RECORDS AND MEDICAL READINESS SCREENING/INFORMATION

Rank	Name	SSN/MOS
MCC	Unit	DSN Phone #

MEMBERS WILL DEPLOY WITH A SKELETON MEDICAL RECORD TO: (1) LIMIT WEIGHT AND CUBE OF MEDICAL RECORDS AND (2) LIMIT RISK OF RECORDS BECOMING MISPLACED. SKELETON RECORD WILL UTILIZE THE STANDARD RECORD JACKET (NAVMED 6150/XX LABELED QUOTE SKELETON RECORD UNQUOTE):

- UPDATED AND CURRENT DD-2766 (ADULT PREVENTIVE AND CHRONIC CARE FLOW SHEET).
- BLOOD TYPE AND RH.
- CURRENT MEDICATIONS AND ALLERGIES.
- SPECIAL DUTY QUALIFICATIONS.
- COPIES OF SF-601S (IMMUNIZATION RECORD) THIS INCLUDES SPECIAL SF-600S AND SF-601S FOR ANTHRAX AND SMALLPOX. ALL IMMUNIZATIONS ADMINISTERED MUST BE TRANSMITTED TO DEERS PRIOR TO DEPLOYMENT
- THE UP-TO-DATE PHS-731 (INTERNATIONAL CERTIFICATES OF VACCINATION A/K/A YELLOW SHOT CARD) WILL BE HAND CARRIED BY MBR.
- SUMMARY SHEET OF CURRENT AND PAST MEDICAL AND SURGICAL PROBLEMS, INCLUDING G6PD STATUS, AND SICKLE CELL TRAIT STATUS.
- PHYSICAL EXAM (PERIODIC AND ANY APPLICABLE SPECIALTY PHYSICAL) MUST BE CURRENT AND A PHOTO COPY OF LAST PHYSICAL EXAM INCLUDED.

- IF MBR IS UNDER CARE FOR AN ACTIVE/CHRONIC HEALTH CONDITION, COPIES OF 3 LAST SF-600 ENTRIES.

- TUBERCULOSIS SCREENING: MUST HAVE DOCUMENTATION OF A PPD PERFORMED WITHIN THE PREVIOUS 12 MONTHS. ANOTHER WILL BE PERFORMED 6-12 WEEKS AFTER RETURN FROM DEPLOYMENT.

- HIV SCREENING: MUST HAVE DOCUMENTATION OF HIV SCREENING WITHIN THE PREVIOUS 12 MONTHS.

- DNA SAMPLE: CONFIRM THAT SAMPLE IS ON FILE. CONTACT THE DOD DNA SPECIMEN REPOSITORY (TELEPHONE 301-319-0366, DSN PREFIX 285; E-MAIL AFRSSIR@AFIP.OSD.MIL). DOCUMENT ON DD-2766.

- ❑ COPY OF SNAP AUTOMATED MEDICAL SYSTEM (SAMS) TRANSFER DISK. IF MULTIPLE MBR'S DEPLOYING TO THE SAME LOCATION, MAY USE ONE DISK FOR THE DET.
- ❑ MBR TO DEPLOY WITH FULL DENTAL RECORD, INCLUDING DOCUMENTATION OF CURRENT DENTAL CLASS I OR II NOTED. (NOTE: DENTAL CLASS 3 AND 4 ARE CONSIDERED NON-DEPLOYABLE).
- ❑ PRESCRIPTION MEDICATIONS. NON-FORMULARY PRESCRIPTIONS ARE VERY DIFFICULT TO OBTAIN IN THEATER AND SUPPLIES OF ALL MEDICATIONS ARE LIMITED. ALL MEMBERS WILL DEPLOY WITH SUFFICIENT PERSONAL MEDICATIONS FOR THE DURATION OF THE DEPLOYMENT, ALTERNATELY 90 DAYS SUPPLY WITH FOLLOW-ON BY TRICARE MAIL-ORDER PHARMACY REFILL IS RECOMMENDED. DETAILS AVAILABLE AT WWW.MERCK.MEDCO.COM UNTIL 01 MAR 03, WWW.EXPRESS-SCRIPTS.COM AFTER 01 MAR 03.
- ❑ PRESCRIBED PERSONAL MEDICAL EQUIPMENT. PROVIDE 2 PR PRESCRIPTION EYEGLASSES, PROTECTIVE MASK INSERTS, PROSTHETICS, AND ORTHODONTIC EQUIPMENT AS REQUIRED BY THE SERVICE MEMBER. IF MBR WEARS CONTACT LENSES, A SUFFICIENT QUANTITY OF LENSES AND CLEANING SUPPLIES TO LAST THE LENGTH OF THE DEPLOYMENT MUST BE BROUGHT IN ADDITION TO THE 2 PR EYEGLASSES AND INSERTS.
- ❑ PERSONAL PROTECTIVE EQUIPMENT (PPE). PROVIDE RESPIRATORY AND HEARING PROTECTION, PERSONAL EXPOSURE DOSIMETERS, AND PERSONAL SAFETY EQUIPMENT REQUIRED IN THE PERFORMANCE OF DUTIES ON DEPLOYMENT.
- ❑ MEDICAL WARNING TAGS, IF APPROPRIATE
- ❑ ALL PERSONNEL MUST BE ASSESSED AND DETERMINED TO BE MEDICALLY AND PSYCHOLOGICALLY FIT FOR WORLDWIDE DEPLOYMENT. UNRESOLVED HEALTH CONDITIONS (INCLUDING BUT NOT LIMITED TO PREGNANCY, PSYCHIATRIC, AND DENTAL CONDITIONS) WHICH RESULT IN A LIMITED DUTY OR LIGHT DUTY STATUS, MAY POSE A THREAT TO ALL DEPLOYING PERSONNEL AND MAY HINDER THE OPERATIONAL MISSION AND UNNECESSARILY BURDEN THE IN-THEATER MEDICAL SYSTEM. DEPLOYABLE COMBAT HEALTH INFRASTRUCTURE PROVIDES ONLY LIMITED AND ROUTINE MEDICAL CARE. THEREFORE, SERVICE MEMBERS DEEMED UNABLE TO COMPLY WITH DEPLOYMENT REQUIREMENTS ON A CONTINUING BASIS AND THOSE FOR WHOM DEPLOYMENT IS DEEMED A THREAT TO THE INDIVIDUAL OR OTHERS DUE TO DIAGNOSED MEDICAL, DENTAL, OR MENTAL HEALTH CONDITION ARE CONSIDERED UNFIT FOR DEPLOYMENT. DEPLOYED SERVICE MEMBERS EVIDENCING SUCH CONDITIONS AFTER INITIAL DEPLOYMENT WILL BE RETURNED TO HOME STATION IMMEDIATELY UNLESS AN EXCEPTION IS GRANTED BY COMUSMARFORCENT. REQUEST FOR SUCH EXCEPTIONS SHOULD BE FORWARDED THROUGH THE CHAIN OF COMMAND.

IMMUNIZATION REQUIREMENTS. DEPLOYING UNITS MUST BE CURRENT IN THE FOLLOWING IMMUNIZATIONS:

- HEPATITIS A VACCINE
- HEPATITIS B VACCINE. REQUIRED FOR ALL MEDICAL PERSONNEL AND OTHERS AT OCCUPATIONAL RISK OF EXPOSURE TO BODY FLUIDS, INCLUDING THOSE WITH PRIMARY OR CONTINGENCY ROLE IN LAW AND PEACE ENFORCEMENT. RECOMMENDED FOR OTHERS
- MMR VACCINE
- POLIO
- TETANUS/DIPHTHERIA
- TYPHOID
- INFLUENZA-CURRENT YEAR'S VACCINE
- YELLOW FEVER
- MENINGOCOCCAL VACCINE. REQUIRED OF ALL MBRS ASHORE FOR GREATER THAN 15 DAYS.
- ANTHRAX. MUST HAVE A MINIMUM OF 3 ANTHRAX VACCINATIONS.
- SMALLPOX. SMALLPOX VACCINATION PER CURRENT USD AND MARADMIN GUIDANCE
- MALARIA. MALARIA CHEMOPROPHYLAXIS REQUIREMENTS AND RISK VARY BY LOCATION AND SEASON WITHIN THE CENTCOM AOR. UNIT MEDICAL PERSONNEL SHOULD CHECK THE HEALTH RISK ASSESSMENT FOR THE SPECIFIC AREA IN WHICH THEIR UNITS WILL OPERATE. PERSONAL PROTECTIVE MEASURES (PPM) REMAIN THE FIRST LINE OF DEFENSE AGAINST VECTOR-BORNE DISEASE. CHLOROQUINE RESISTANT STRAINS ARE COMMON.

- MEDICAL NBC DEFENSE ITEMS. CONTINGENCY OPERATIONS AND UNIT DEPLOYMENTS OF 15 DAYS OR LONGER, ATROPINE AND 2-PAM AUTOINJECTORS (THREE OF EACH INJECTOR PER DEPLOYING INDIVIDUAL) WILL BE EITHER BULK SHIPPED OR INDIVIDUALLY ISSUED. ADDITIONALLY, UNITS DEPLOYING TO THE ARABIAN PENINSULA WILL BULK SHIP CIPROFLOXIN 500 MG TABS (SIX EACH PER DEPLOYING INDIVIDUAL), PYRIDOSTIGMINE BROMIDE (PB) TABS (ONE 18 OR 21 TABLET BLISTER PACK PER DEPLOYING INDIVIDUAL), CANA AUTOINJECTORS (ONE EACH PER DEPLOYING INDIVIDUAL) WITH THE DEPLOYING UNIT. IN THE EVENT OF THE UNIT NOT HAVING ORGANIC MEDICAL ELEMENTS, SERVICE COMPONENTS PROVIDING FORCES WILL ENSURE ADEQUATE AMOUNTS ARE PREPOSITIONED FOR DEPLOYED FORCES. INDIVIDUAL ISSUE OF CANA AND PB TABS IS NOT AUTHORIZED UNTIL DIRECTED.

- HEALTH ASSESSMENT QUESTIONNAIRES. FOR DEPLOYMENTS IN EXCESS OF 30 DAYS, PRE-DEPLOYMENT QUESTIONNAIRES (FORM DD-2795) ARE REQUIRED. WITHIN FIVE DAYS OF RETURNING TO HOME STATION, POST-DEPLOYMENT QUESTIONNAIRES (FORM DD-2796) ARE ALSO REQUIRED.

- HEALTH THREAT BRIEFINGS: ALL DEPLOYING PERSONNEL MUST RECEIVE A PRE-DEPLOYMENT BRIEF BY PREVENTIVE MEDICINE OR OTHER MEDICAL PERSONNEL ON HEALTH THREATS AND COUNTER MEASURES FOR THE AOR AND THEIR DESTINATION TO INCLUDE BUT NOT LIMITED TO THE FOLLOWING:
 - A SIGNIFICANT RISK OF DISEASE CAUSED BY INSECTS AND TICKS EXISTS YEAR-ROUND IN THE AOR. TO INCLUDE BUT NOT LIMITED TO MALARIA, LEISHMANIASIS, DENGUE, CONGO-CRIMEAN HEMORRHAGIC FEVER, SCRUB TYPHUS AND SAND FLY FEVER. USING THE DOD INSECT REPELLANT SYSTEM AND BED NETTING WILL MINIMIZE THE THREAT OF DISEASE.
 - TREAT UNIFORMS AND BEDNETS WITH MASS SPRAYED-PERMETHRIN (CONTACT LOCAL NAVAL ENVIRONMENTAL PREVENTIVE MEDICINE UNIT OR FSSG PREVENTIVE MEDICINE UNIT), PERMETHRIN (INDIVIDUAL DYNAMIC ABSORPTION (IDA) KIT NSN: 6840-01-345-0237, OR AEROSOL SPRAY CAN METHOD NSN: 6840-02-278-1366. TREATMENTS OF CLOTHING WILL LAST APPROXIMATELY THROUGH SIX WASHINGS FOR AEROSOL TREATMENT AND FOR ABOUT ONE YEAR WITH THE IDA KIT. PREFER USE OF THE IDA KIT. APPLY DEET CREAM (NSN: 6840-02-284-3982) TO EXPOSED SKIN. ONE APPLICATION LASTS 6-12 HOURS.
 - WEAR UNIFORM SLEEVES DOWN TO MINIMIZE EXPOSED SKIN.
 - RABIES IS PREVALENT AND THEREFORE ALL ANIMALS, DOMESTIC AND WILD, SHOULD BE AVOIDED. QUOTE CAMP PETS OR MASCOTS UNQUOTE ARE PROHIBITED. VENOMOUS ARTHROPODS AND ARACHNIDS (SCORPIONS, SPIDERS, AND RELATED ANIMALS) AND SNAKES ARE COMMON THROUGHOUT THE AOR. THEY HAVE VENOM THAT MAY BE FATAL TO HUMANS. IF BITTEN BY A SNAKE OR STUNG BY A SCORPION SEEK IMMEDIATE MEDICAL ATTENTION.
 - STD. SEXUALLY TRANSMITTED DISEASES (STDs), INCLUDING HIV/AIDS, ARE PREVALENT IN THE AOR. ABSTINENCE IS THE BEST PROTECTION AGAINST STD. ALL PERSONNEL WHO CHOOSE TO ENGAGE IN SEXUAL ACTIVITIES SHOULD USE LATEX CONDOMS TO LESSEN THE CHANCE OF CONTRACTING STDs. WHILE CONDOMS ARE NOT ALWAYS 100 PERCENT EFFECTIVE THEY GREATLY REDUCE THE CHANCE OF INFECTION.
 - ENVIRONMENTAL HEALTH THREATS TO COMUSMARFORCENT FORCES VARIES BY OPERATION, MISSION, ENVIRONMENT, FORCE CONDITION, AND OUR ABILITY TO COUNTER THE HEALTH THREAT. SPECIAL ATTENTION SHOULD BE GIVEN TO THE OPERATIONAL ENVIRONMENT TO PREVENT HEAT AND COLD INJURIES. ADEQUATE HYDRATION, ESPECIALLY DURING INITIAL ACCLIMATIZATION; PROPER WEAR/FIT OF THE UNIFORM; AND USE OF SUNSCREEN AND SUNGLASSES WILL AID IN PREVENTING MANY OF THESE INJURIES

- o FOOD AND WATER SOURCES:
- o ALL WATER (INCLUDING ICE) IS CONSIDERED NON-POTABLE/NON-DRINKABLE UNTIL TESTED AND APPROVED BY APPROPRIATE MEDICAL PERSONNEL.
- o NO BULK FOOD SOURCES WILL BE UTILIZED UNLESS INSPECTED AND APPROVED BY U.S. VETERINARY PERSONNEL.
- o ADDITIONAL ENVIRONMENTAL/PREVENTIVE MEDICINE INFORMATION CAN BE FOUND AT THE FOLLOWING WEBSITE:
WWW.NEHC.MED.NAVY.MIL/NEHCLINK.HTM

ADDITIONAL IMMUNIZATIONS OR HEALTH SCREENINGS MAY BE INDICATED AFTER EVALUATING AN INDIVIDUAL'S RISK FACTORS, MEDICAL RECORD AND ASSIGNMENT LOCATION. THESE CONCERNS SHOULD BE ADDRESSED BETWEEN THE PATIENT AND THE PRIMARY CARE PROVIDER PRIOR TO DEPLOYMENT.

MEDICAL OFFICER CERTIFICATION:

MEDICALLY QUALIFIED: _____
Date Medical Officer's Signature / DSN Number

DENTAL QUALIFIED: _____
Date Dental Officer's Signature / DSN Number

COMMAND CERTIFICATION:

I HAVE PERSONALLY SCREENED _____ / _____
GRADE NAME SSN/MOS

SNM HAS COMPLETED ALL PRESCREENING REQUIREMENTS, POSSESSES ALL REQUIRED GEAR, T/O WEAPON, AND HAS BEEN FOUND MEDICALLY QUALIFIED FOR DEPLOYMENT TO THE USCENTCOM AOR.

COMMANDING OFFICER'S PRINTED NAME RANK BILLET
OR DESIGNATED REPRESENTATIVE

COMMANDING OFFICER'S SIGNATURE DATE DSN Number